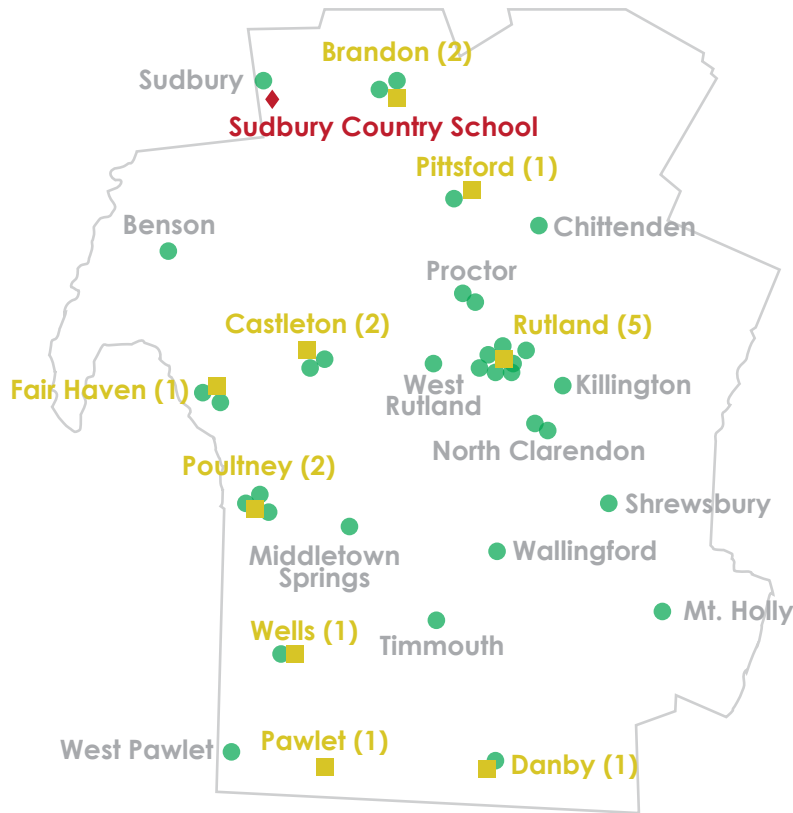


Hunger is on the rise in our state. How strong is the safety net in Rutland County?

- Schools that offer Federal Meal Programs¹⁰
- Charitable Food Sites (number of sites)¹¹
- ◆ Schools not offering either Federal Breakfast or Lunch Programs¹²



40% of child care centers participate in CACFP, the Child and Adult Care Food Program, which provides nutritious meals to preschool and afterschool programs.⁷

“When we changed the menu and went back to whole foods and limiting processed foods, our negative behavior rate dropped drastically...when children eat breakfast they can make it to lunch.”

- Teresa Felix, VT School Nutrition Association President and Food Service Director at the Vermont Achievement Center in Rutland

1 in 6 children in Rutland County are food insecure.³

10,335 number of county residents participating in 3SquaresVT, formerly known as Food Stamps.²

31% county-wide increase in 3SquaresVT participation over last year.¹

35% of grade school and high school students are eligible for free or reduced-price meals.⁴

40% of those students are participating in school breakfast programs.⁵

44% of schools are offering afterschool snacks through the federal snack program.⁶

469 county residents served each month through the Commodity Supplemental Food Program.⁸

15 summer food sites.⁹ * Data sources on reverse

Recent surveys show that 1 in 6 Vermont children and more than 1 in 8 Vermont households are food insecure. Join us in our efforts to end childhood hunger. Visit the Vermont Campaign to End Childhood Hunger website at vtnohunger.org for more information on solutions to hunger and how you can help.

For details on food assistance programs, visit vermontfoodhelp.com or call 2-1-1.



Hunger in Rutland County



802-865-0255 • www.vtnohunger.org

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What You Can Do to Combat Hunger

PROVIDE FOOD RESOURCES TO YOUR CONSTITUENTS

Encourage your constituents to take advantage of nutrition assistance programs. Include information on food resources in your newspaper columns or constituent reports. Flyers and sample articles are available at www.vtnohunger.org/toolkit.

3SquaresVT (formerly the Food Stamp Program)

3SquaresVT stretches family food budgets by providing eligible Vermonters with additional money to spend on food. Currently, 84,300 Vermonters are enrolled bringing over \$10 million into the state each month to be spent locally.

Applying is easy. Visit www.vermontfoodhelp.com or call the Dept. for Children & Families at 1-800-479-6151.

Free or Reduced-Price School Meals

Apply any time and bring federal money into your school meal program. Contact your local school for an application or download one from the web at:

www.vtnohunger.org/schoolmealapplication.pdf

Local Food Shelf and Community Meal Program

Call toll-free 2-1-1 for locations and hours in your community and information on general resources.

SPREAD THE WORD THROUGHOUT YOUR COMMUNITY

Make sure that program information and applications (such as school meal applications, 3SquaresVT materials, 2-1-1 flyers) are available in community gathering places such as town offices, local stores, food shelves, public libraries, the VFW, and the Grange.

Work with the Vermont Campaign to End Childhood Hunger to bring together a group of concerned citizens to learn and strategize about food resources in your community.



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- ¹ 3SquaresVT Households, Recipients, and Benefits by Vermont County for December 2009, and Food Stamps Households, Recipients, and Benefits by Vermont County 12-08. Economic Services Division, Vermont Department of Children and Families.
- ² 3SquaresVT Households, Recipients, and Benefits by Vermont County for December 2009. Economic Services Division, Vermont Department of Children and Families.
- ³ 08-09 County Participation and Enrollment Totals. Vermont Department of Education. 2008 Food Security Report. USDA (November 2008)
- ⁴ 08-09 County Participation and Enrollment Totals. Vermont Department of Education.
- ⁵ 08-09 County Participation and Enrollment Totals. Vermont Department of Education.
- ⁶ After School Snack Program for 2010. Vermont Department of Education, Food and Nutrition Management.
- ⁷ Vermont Child Development Division, 2008.
- ⁸ Data Source: CSFP on vtfoodbank-ts/csfp. Participation by Site/Food Package – New Mexico Department of Health – CSFP.
- ⁹ 2009 SFSP Data and 2009 SSO Data. Vermont Department of Education, Child Nutrition.
- ¹⁰ Vermont Education Directory 2008-2009. Vermont Superintendents Association and the Vermont Principals' Association.
- ¹¹ Vermont Foodbank County Partners. www.vtfoodbank.org.
- ¹² Vermont Public Schools Not Participating in the Federal School Breakfast or Lunch Program as of October 1, 2009. Vermont Department of Education, Child Nutrition Program.