

## Internship Description

**Position:** Cooking for Life: Nutrition Education

**Location:** Vermont Campaign to End Childhood Hunger (VTCECH)

**Description:** The Vermont Campaign to End Childhood Hunger is offering internships to undergraduate and graduate students who want to gain experience in a dynamic, highly effective statewide nonprofit that develops sustainable programs to address hunger and promote good nutrition. Interns will assist program staff to maximize outreach, participation, implementation and evaluation of VTCECH's hands-on nutrition education program, Cooking for Life.

**Responsibilities:** Nutrition education interns will spend most of their time working with one staff member on a variety of tasks including outreach, education, or research projects relating to the Cooking for Life program. Examples of previous intern projects include: development of nutrition newsletters for parents, class observation and teaching experience, surveying participants for long-term evaluation analysis, and coordination of outreach projects. Interns will also be expected to provide support with general tasks such as copying, filing, data entry and organizing curriculum supplies.

**Qualifications:** Applicants must be incoming juniors or seniors studying nutrition or a related field. Must have excellent work ethic, problem solving ability and be highly organized. Requisite skills include: proficient typing, computer and Microsoft Office skills, accuracy and attention to detail, ability to follow through with projects to completion, strong internet research skills, good interpersonal, oral, and written communication skills. Applicants must also possess a strong commitment to the value of hands-on nutrition education and to helping low-income Vermonters from diverse backgrounds.

**Learning Opportunities:** Interns will learn about the following concepts:

- A successful nutrition education model
- Effective outreach strategies to reach vulnerable populations
- Barriers to offering Cooking for Life
- Evaluation processes and results