

In the words of Vermont child care center directors...

CACFP Improves Child Care Programs

Better Nutrition

"The best part of the program is everyone gets to have the same good food."

— Sue Cuttler, Director, New Heights Children's Center

"CACFP has allowed us to have a well-rounded developmental program that meets the needs of the whole child. Without proper nutrition, children cannot perform up to their potential."

— Susan Mascola, Director, Robin's Nest Child Enrichment Center



Improved Behavior

"Providing food in a family style atmosphere is an extension of our early education curriculum. Teachers see fewer behavior problems when kids are fed good meals and snacks."

— Allison Reagan, Health Services Coordinator, CVOEO Head Start



Willingness to try new foods



"Though children may initially balk at trying new foods, eventually they will try them. Some of the children's favorites today are Sweet and Sour Chicken, Chili, Mexican Pizza, and Ham and Scalloped Potatoes."

— Susan Mascola, Director, Robin's Nest Child Enrichment Center

"We look at CACFP as an opportunity to expose children to new foods. We feature a new food each month, such as fresh beets or squash."

— Allison Reagan, Health Services Coordinator, CVOEO Head Start

"I would encourage any center that is interested to try CACFP."



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