

# The Vermont Campaign to End Childhood Hunger



## 3SquaresVT Workshops Offered

### **Spread the Word: Help Ensure All Vermonters Have Access to the 3SquaresVT Program ♦ 30 to 90 minutes**

*This workshop is designed for community service providers, advocates, volunteers, food shelf workers and others who can help spread the word about the 3SquaresVT Program to eligible Vermonters. It includes an overview of hunger in Vermont and the 3SquaresVT Program, including new changes to the program and how food stamps can help reduce hunger. This workshop will review myths and facts about food stamps, basic eligibility requirements, and how to apply. Participants will learn the ten most important things they can tell people about the 3SquaresVT Program and about resources available in the community to assist with the food stamp application process.*

### **Calculating 3SquaresVT Eligibility and Benefits ♦ 3 hours**

*This is a practical, hands-on workshop designed to teach participants how to calculate eligibility and benefits for a potential food stamp applicant. Eligibility criteria, including household, resources, and income, are explained in detail. Recent policy changes that affect eligibility and benefits will be explained. Exercises following each of these concepts help reinforce complex rule with calculations for hypothetical households.*

### **3SquaresVT Eligibility and Benefits for Seniors ♦ 3 hours**

*This is the same workshop as above, with emphasis on how to calculate eligibility and benefits for people ages 60 and over.*

**♦♦ All workshops can be structured to meet your specific needs and interests and are open to individuals or groups.**

*For more information, please contact*

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**Vermont Campaign to End Childhood Hunger**

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