

Food Stamp Workshops Offered by the Vermont Campaign to End Childhood Hunger

Spread the Word: Help Ensure All Vermonters Have Access to the Food Stamp Program ♦ 30 to 90 minutes

This workshop is designed for community service providers, advocates, volunteers, food shelf workers and others who can help spread the word about the Food Stamp Program to eligible Vermonters. An overview of hunger in Vermont and the Food Stamp Program, including how food stamps can help reduce hunger. This workshop will review myths and facts about food stamps, basic eligibility requirements, and how to apply. Participants will learn the ten most important things they can tell people about the Food Stamp Program and about resources available in the community to assist with the food stamp application process.

Calculating Food Stamp Eligibility and Benefits ♦ 3 hours

This is a practical, hands-on workshop designed to teach participants how to calculate eligibility and benefits for a potential food stamp applicant. Eligibility criteria, including household, resources, and income, are explained in detail. Exercises following each of these concepts help reinforce complex rule with calculations for hypothetical households .

Food Stamp Eligibility and Benefits for Seniors ♦ 3 hours

This is the same workshop as above, with emphasis on how to calculate eligibility and benefits for people ages 60 and over.

Eligibility, Benefits, and Advocacy Tools ♦ One day

This workshop is offered by the Vermont Campaign to End Childhood Hunger, Vermont Legal Aid, and Legal Services Lawline of Vermont. This workshop is the same as Calculating Food Stamp Eligibility and Benefits with an added advocacy component. It provides practical tips on helping people apply for food stamps, file appeals, understand reporting requirements, and handle overpayments or denials.

♦♦ All workshops can be structured to meet your specific needs and interests and are open to individuals or groups. For more information, please contact Cassandra Gekas at the Vermont Campaign to End Childhood Hunger, 180 Flynn Avenue, Burlington, VT 05401 ♦ 802-865-0255 ♦ cgekas@vtnohunger.org ♦ VTCECH is funded in part by the Food Stamp Program of the U.S. Dept. of Agriculture, an equal opportunity provider and employer.