

3SquaresVT (formerly Food Stamps) Is New and Improved! Apply Today

- **Applying is easier than ever.** Due to new changes in the program, families at 185% of the poverty level are eligible. That's \$39,220 for a family of four. Savings are no longer counted against you. Phone interviews are available.
- **The program is easy to use.** Monthly benefits come on a debit-style card. Seniors can get their benefits deposited as cash into their bank accounts.
- **3SquaresVT helps your bottom line.** In these tough economic times, 3Squares VT helps take the pressure off of your food budget. The average monthly household benefit is \$232.
- **Other benefits.** Most households receiving 3SquaresVT are eligible for free school meals, telephone assistance and fuel assistance.
- **Visit www.vermontfoodhelp.com** or call 1-800-287-0589.

Please share this information with your neighbors via school newsletters, congregation bulletins, town offices, local libraries, senior centers, doctor's offices and food shelves.

Vermont Campaign to
End Childhood Hunger 
802-865-0255 • www.vtnohunger.org