

## School Meals Can Help! Apply Today

- **Applying is easy.** Families can apply for free or reduced price school meals at any time in the school year. All breakfasts served to qualifying kids are free. Contact your local school for an application or download one from the web at [www.vtnohunger.org/schoolmealapplication.pdf](http://www.vtnohunger.org/schoolmealapplication.pdf)
- **The program is confidential.** All information provided on application is confidential, and all kids receive the same meal – regardless of income.
- **School meals help your bottom line.** In these tough economic times, free or reduced price school meals help take the pressure off of your food budget. A family of four with two children can save over \$150/month by qualifying for free school meals
- **Other benefits.** Students signed up for free or reduced price school meals also qualify for other benefits such as free SAT and ACT tests, and reduced fees for college applications. Ask your school counselor.

Please share this information with your neighbors via school newsletters, congregation bulletins, town offices, local libraries, senior centers, doctor's offices and food shelves.

Vermont Campaign to  
End Childhood Hunger   
802-865-0255 • [www.vtnohunger.org](http://www.vtnohunger.org)